



Tuesday
January 13, 2026

Heritage Woods
Secondary

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

FLEXpectations

- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.



Fragrance Free




Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.

Heritage Woods

Junior Leadership Workshops In the grand hall at lunch!

January 12	January 13	January 14	January 15
-Ring Toss -Mini Games	-Minuit to win it -HWSS Kahoot -Musical Chairs	-Sky Scraper Challenge -Drawing Contest	-Kindness Grams -Taste Testing



MATH LEAGUE CONTEST #4
TUESDAY JAN 13th
AFTER SCHOOL IN RM 232

6 questions in 30 min

Open to all grades!

Bring a calculator and a friend!

It's fun and it's free!

GSA Cozy Cafe

Need a **quiet place to study?** Come to **Room 216a** at **lunch** for **Hot Chocolate** and a study space!

Don't forget to bring **\$2 for Hot Chocolate!** All proceeds go to Tri-Cities Pride Society!

Only on **January 15th and 16th 2026** at lunch!

If you have any questions about the **HWSS Pride Club**, email us at SStewart@sd43.bc.ca

Non-Binary

Non-binary is an **umbrella term** for gender identities that are **not exclusively male or female**. Non-binary people may identify as having no gender, more than one gender, a gender that changes, or a gender outside of male/female. Some non-binary people also identify as **transgender**, while others don't. **Pronouns** change among non-binary people, and it is respectful to ask for someone's pronouns rather than assume.

If you have any questions about the HWSS Pride Club, email us at sstewart@sd43.bc.ca

CLUBS



Multicultural Club

DONUT FRIDAY

★ **TIM HORTONS
DONUTS AND
TIMBITS**

1 Donut: \$2.5

6 Donuts: \$13

12 Donuts: \$24

1 Timbit: \$1

5 Timbits: \$3

10 Timbits: \$5

Jan. 13

★
**In the grand hall in
front of the theater
during lunch time**



KODIAK ATHLETICS



Girls Kodiak Klassic Sign-up for Students with Off Block (2)



Students with an off block in block 5 and would like to sign up to attend the Kodiak Klassic are required to fill out the forms attached. This form is only for Grade 12's with an Off Block in BLK 5 for the first 36 hours .. Please fill out the form in full. Do not fill out if you are on the Dance team and attending to perform.

Grade 11's will be invited to fill out the form on Tuesday afternoon. Grade 12's please sign-up promptly, we will be giving the remaining spots on Tuesday after lunch to lower grades.

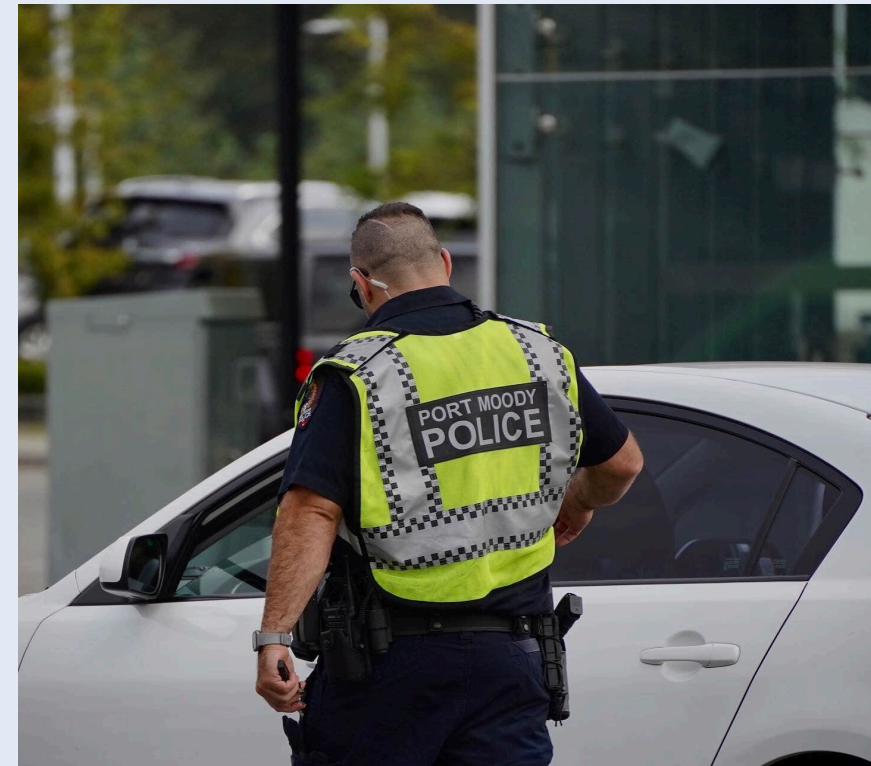
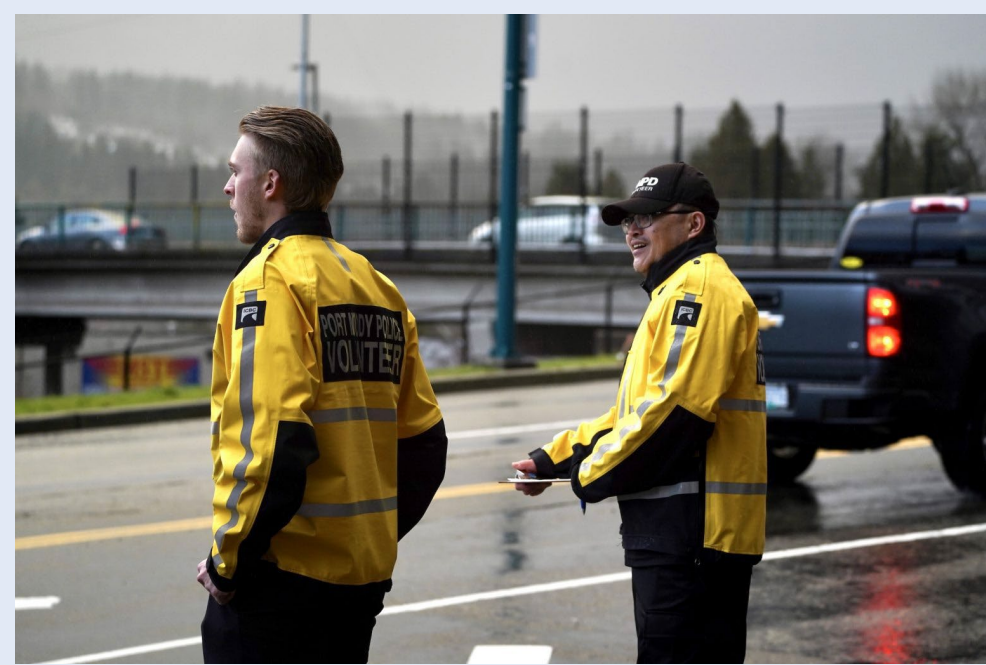
[Girls Kodiak Klassic Sign-up for Students with Off Block \(2\) – Fill out form](#)

CAREER CENTER



Interested in Policing?

- The Port Moody Police Department is hosting a free program for youth in Grades 11-12.
- The program is designed to introduce students to policing as a career and will allow students to earn volunteer credits (30 hours) that you can apply towards graduation.
- The program will be run out of the Port Moody Police Department on St. John's Street
- See Mr. Aitken in Room 240 or Mrs. Pavan in Room 209 for more information and to pick up an application sheet. Application deadline is February 19th, 2026



BC Excellence Application for nomination is due to Ms. Butler Jan. 15, 12:30PM

- There are 55 BC Excellence Scholarships available to recognize well-rounded B.C. graduates. Winners demonstrate service and leadership, both at school and in their communities. Winners also show aptitude and commitment to their chosen career paths. They will receive a \$5,000 scholarship voucher to use towards their post-secondary tuition.
- You **must be nominated by your secondary school** in order to apply for this scholarship. Only one student from each school may be nominated. The nomination information is below and on the HWSS Scholarship website.
<http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- **Application for nomination:**
- You must submit everything required for the online application (resume using the online template, two reference letters, written statement using online template) PLUS a copy of your most recent transcript from Student Transcript Service. **DO NOT** complete the BC Excellence Nomination Form - only the one selected student will complete that form.
- <https://forms.gov.bc.ca/education-training/bc-excellence-scholarship-application/>
- Students selected as conditional recipients of the BC Excellence scholarship must meet the following requirements **by August 31 of their graduating year** to be confirmed as a recipient and receive their scholarship voucher:
 - [meet basic eligibility requirements](#);
 - be eligible for a B.C. Certificate of Graduation (Dogwood Diploma);
 - fulfill the requirements of the B.C. Graduation Program;
 - be graduating in the same year the scholarship is awarded; and
 - have the following final marks.
 - Minimum “B” average in grades 11 and 12 courses required for graduation.
 - Minimum “B” (73% or above) in Language Arts 12.
 - Minimum “B” average, no more than one “C+” (67% or above), and no marks lower than “C+” in courses that fulfill graduation requirements for Science 11 or 12, Math 11, and Social Studies 11 or 12.
- **Reminder: ONE STUDENT may be nominated from Heritage Woods but only 55 students in BC are selected as winners.**

SD43 TRADES PROGRAMS



OPEN HOUSE

WEDNESDAY, JANUARY 14TH - 6PM

@ TERRY FOX SEC (MAIN FOYER) 1260 RIVERWOOD GATE



SD43 LEVEL 1 PROGRAMS:

- *INFO
- *HOW TO APPLY

MEET INSTRUCTORS:

- *VCC *KPU
- *BCIT *SD43

STUDENT SUPPORTS:

- *ACCESS BC
- *BCCWITT
- *SKILLED TRADES BC
- *STEP BC

**NO REGISTRATION
REQUIRED**

43CAREERS.COM

COMMUNITY



FREE Drop-In Drawing & Painting

Mondays: 3:30–5:30pm • January 12–March 9

Join visual artist, Suze Mercado, for 8 weeks of after-school drawing and painting classes with a focus on faces, figures and storytelling! In an encouraging environment, meet other like-minded students and develop your creative expression. Join one class to learn a specific technique or come every week and build skills that connect into bigger, creative projects over the session. Students are also welcome to bring their own projects to work on and encouraged to come with creative ideas to explore. Suze merges her fine arts background with her practice as an art therapist to foster an inclusive and self-reflective space for creative expression. **Classes are free, for all levels, and supplies are provided.**



When: Mondays, January 12 -
March 9, 2026, 3:30-5:30pm
(no class on February 16).

Where: Nancy Bennett Room
at Coquitlam Public Library, Poirier
Branch (575 Poirier St).

Cost: FREE! Supplies Included.

How: It's a free, drop-in program
so no registration required!
15 spots available.

Who: 13-17 years old.